



Antingham and Southrepps Primary School & Nursery

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Headteacher: Mr Elcock



Antingham & Southrepps
Primary School



Welcome Back Newsletter

Thursday 7th September 2023

Our School Value for this half-term is:

Kindness

Acts of kindness can make the world a happier place for everyone. They can boost feelings of confidence, being in control, happiness and optimism. They may also encourage others to repeat the good deeds they've experienced themselves – contributing to a more positive community.

Dear Parent/Carers,

Welcome to the new school year. I hope that you have had a happy and safe holiday. A very warm welcome to all our new children and their families, we hope that they all settle quickly into school life and enjoy their time at Antingham & Southrepps Primary School and Nursery.

Please remember that school starts at **8.45am** and ensure that your child is on time, so that lessons can commence promptly after registration. The playground gate will be opened from 8:30am everyday.

Thank you for your continued support and co-operation. I wish everyone a happy and successful new school year.

Kind regards,

Mr Elcock
Headteacher

Our next newsletter will be on Thursday 19th October 2023

Holidays

I would like to remind parents that, the law gives no entitlement to parents to take their children on holiday during term time. As headteacher I no longer have the authority in law to authorise absences for holidays or related activities, unless there are 'exceptional' circumstances. I would not be expected to class any term time holiday as 'exceptional'. This being the case, any requests for term time holidays will be declined and any subsequent absences will be recorded as unauthorised. Please do not take holidays in term time to avoid any misunderstanding. Thank you for your understanding and support in implementing this.

Line up & end of day

- **Nick Vujicic Class-** They will line up in-front of the stairs next to the black playground gate. Ms Poletto-Perkins will meet her class there every morning and take them to their class. At the end of the day, Nick Vujicic class will be dismissed by the external fire door that leads out to the carpark.
- **Steven Hawking Class-** They will line up opposite the flint stone wall. Miss Walsgrove will meet her class every morning and take them to their classroom. At the end of the day, Steven Hawking class will be dismissed at the top of the stairs that are next to the black playground gate.
- **Freida Kahlo Class-** They will line up next to Steven Hawking class facing opposite the flint stone wall. Miss Fox will come to collect her class and take them to their classroom. At the end of the day, Parks class will be dismissed from their classroom. Please can we ensure that we keep the green wooden gate closed when you enter and exit the EYFS area.

SATs and Secondary School meeting - Year 6

A SATs/Secondary school parents' meeting will be held on **Friday 22nd September 2023** at 9.00am - 10.00am in the main hall. The meeting will be useful for finding out about the end of year tests and how to apply for secondary schools. If you are not able to attend this meeting, the presentation will be emailed out to Year 6 Parents. The 'Parent's Guide to Admissions to Schools in Norfolk 2023-2024' brochure can be found via this link [A Parent's Guide to Admissions 2023-2024 \(norfolk.gov.uk\)](https://www.norfolk.gov.uk/admissions). Selecting the right secondary school for your child is an important and exciting step and you need to gather as much information as possible to help you make the right decision. Many of the open evenings start very soon. Applications must be made by the deadline which is midnight on **Monday 31st October 2023**.

Meet the Teacher Meetings

On **Tuesday 19th September at 3:30pm**, each class teacher will be holding a session where they will be talking to parents about what their child will be learning throughout Autumn term. This will provide you with the opportunity to ask any questions and get to know your child's class teacher.



Norfolk Step On Parent Training- Supporting you to support your child's behaviour



This training is based on the very successful Norfolk Steps behaviour training that has been offered to teachers and teaching assistants across Norfolk for many years now and was developed for parents only recently and with great success. The course consists of two sessions. The first session will be on **Monday 18th September 2023**, at

9:00am and the second session on **Monday 25th September (time TBC)**. The sessions are designed to help parents understand their children's behaviour and give strategies to reduce conflict in the home. It will be led by Kim Tully (Norfolk County Council Partner Focus Officer). The training is suitable for all parents with children of all ages.

Water and Snacks

Children should bring a water bottle to school with them which they can keep in a designated area during lessons. Please ensure that this only contains water and is clearly named. Fruit or vegetables can be brought in for morning break; please ensure that this is named and separate from your child's packed lunch as once school starts the children are not able to access their lunch boxes until lunchtime. A box for the storage of playtime fruit will be kept in the classroom.



Also, we are a **nut free school** and make every effort to protect children and staff with peanut allergies and reduce concern from their parents surrounding accidental ingestion or exposure.



Health & Safety



The health and safety of the children of Antingham & Southrepps is of the highest importance. For the safety of the children, please do not park on the yellow zigzag lines outside school. Please be extra cautious when driving in the area around school.

I would like to remind you that you are not allowed to smoke in or on the school premises, which includes the school's playgrounds and field.



Reinforced Autoclaved Aerated Concrete (RAAC)

You may have seen recent media coverage regarding Reinforced Autoclaved Aerated Concrete (RAAC) and its use in educational settings. RAAC is a lightweight form of concrete; because it is weaker than regular concrete, concerns have been raised about its long-term durability. Department for Education (DfE) has recently changed its guidance to education settings on the management of RAAC to take a more precautionary approach and as a result areas in affected spaces will be vacated.

I wanted to inform you that we are not affected by this decision as we do not have RAAC in any of our buildings and therefore they will continue to function as normal. However, we want to take care and to be sure, and are currently working with the DfE to actively check whether RAAC has been used in the construction of any part of our buildings. If RAAC is identified, we will let you know straight away, and we have contingencies in place.

We appreciate the concern this may raise, and we will always prioritise the safety of your children and our staff.

I hope that this offers reassurance.

Thank you for your understanding.

Reading

We expect all children to read daily for 10-15 minutes, either independently or to an adult. The children will be provided with an appropriate reading book, which will be exchanged regularly in school. If your child is on free readers, they can choose to read a book from home if they wish. Reading books will need to travel to and from school each day with your child in a suitable book bag or folder. Reading will continue to be recorded in a reading diary.



Please let the class teacher know via the reading diary, with a date and initial, when you hear your child read. Do not feel you always have to write a comment in the comment box, staff will write comments in the diary to help you and your child. It is important to talk to your children about the stories they read as well as just hearing them read the words. This will help you gauge how well your child understands what they read and whether they are enjoying their book.

Zones of Regulation



and improve their wellbeing.

At Antingham & Southrepps, we recognise the importance of promoting positive mental health and emotional wellbeing to our children and their families. This year we have implemented the Zones of Regulation curriculum in all the classes and we aim to teach our children to identify emotions in themselves and others and provide them with bank of strategies to help regulate their emotions

The Zones of Regulation is a range of activities to help your child develop skills in the area of self-regulation. Self-regulation can go by many names, such as self-control, self-management and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation. For example, when your child plays in a basketball game, it is beneficial to have a higher state of alertness. However, that same state would not be appropriate in the library.

The Zones of Regulation is a curriculum based around the use of four colours to help children self-identify how they're feeling and categorise it based on colour. The curriculum also helps children better understand their emotions, sensory needs and thinking patterns. The children learn different strategies to cope and manage their emotions based on which colour zone they're in. Additionally, the Zones of Regulation helps children to recognise their own triggers, learn to read facial expressions, develop problem-solving skills, and become more attuned to how their actions affect other people.

There is progression across the curriculum with children in Early Years learning to identify different emotions to children in Upper Key Stage 2 discussing how our behaviour can impact upon the feelings of those around us.

The **ZONES** of Regulation®

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

Class PE days

PE lessons will take place twice a week for each class:

Class	Days
Freida Kahlo Class	Mondays & Wednesdays
Steven Hawking	Mondays & Wednesdays
Nick Vujicic Class	Mondays & Wednesdays

Bushcraft Days

Class	Day
Freida Kahlo Class	Mondays
Steven Hawking	Thursdays
Nick Vujicic Class	Thursdays

After School Clubs

Our programme of After School Clubs will start on the following dates. All clubs will start from the week beginning **Monday 11th September 2023**

Monday	Dodgeball (<i>Premier Education</i>) 3.15pm-4.15pm
Tuesday	Art & Crafts (<i>Mrs Matthews</i>) 3.15pm-4.00pm
Wednesday	Homework Club (<i>Miss Walsgrove</i>) 3.15pm-4.00pm
Thursday	Spanish Language & Culture Club (<i>Mrs Polette-Perkins</i>) 3.15pm-4.00pm
Friday	Computing Club (<i>Miss Fox</i>) 3.15pm-4.00pm

Polite request: please can parents collect their child promptly at the end of each session/club

Diary Dates – Autumn Term 2023



September 2023	
Thursday 7 th September	Children return to school for the Autumn Term 2023
Monday 18 th September	Genes for Jeans Day
Monday 25 th September	Norfolk Steps Behaviour Parent Training - PART 1 – 9.00am
Monday 18 th September	Year 5 & Year 6 Football Development – Sheringham High School
Tuesday 19 th September	Meet the Teacher Meetings – 3.30pm
Wednesday 20 th September	Swimming lessons start for Year 5 & Year 6 – The Reef, Sheringham
Friday 22 nd September	Year 6 Parents SATs & High School Meeting – 9.00am
Monday 25 th September	Norfolk Steps Behaviour Parent Training - PART 2 (time TBC)
Thursday 28 th September	School Photos – Individual & Siblings – Tempest Photography

October 2023	
Monday 2 nd October	KS1 (Y1 7 Y2) Multi-Skills Event – Colby Primary
Tuesday 3 rd October	HARVEST FESTIVAL
Tuesday 10 th October	Nick Vujcic Class Assembly/Showcase – 1.30pm
Wednesday 11 th October	Steven Hawkings Class visit to Museum of Norwich, Bridewell
Thursday 12 th October	Open Morning for Prospective Parents Reception & Nursery 2024 – 9.30am-10.30am
Monday 16 th October	Year 4 & Year 5 Bikeability Course (TBC)
Tuesday 17 th October	Year 4 & Year 5 Bikeability Course (TBC)
Thursday 19 th October	Year 4, 5 & 6 Tag Rugby Event – Holt Rugby Club
Tuesday 31 st October	Whole School Halloween Disco – 4.00pm

November 2023	
Wednesday 1 st November	Frida Kahlo Class visit to The Bug Parc, Lenwade
Wednesday 8 th November	Year 6 National Child Measurement Programme with School Nursing Team
Wednesday 8 th November	Nick Vujcic Class visit to Norwich Synagogue
Thursday 9 th November	Open Afternoon for Prospective Parents Reception & Nursery 2024 – 1.30am-2.30pm
Monday 13 th November	SCIENCE WEEK
Wednesday 15 th November	ANTI-BULLYING DAY
Thursday 16 th November	Whole School visit to Sea Life Aquarium, Great Yarmouth
Friday 17 th November	CHILDREN IN NEED
Friday 17 th November	Autumn Term School Reports to Parents
Tuesday 21 st November	Parents Evening – 3.15pm-5.00pm
Thursday 23 rd November	Parents Evening – 3.15pm-6.00pm
Friday 24 th November	Whole School Talent Show – 1.30pm
Tuesday 28 th November	Sports Hall Athletics Event for Year 4, 5 & 6 – Cromer Academy
Wednesday 29 th November	LAST SWIMMING LESSON FOR YEAR 5 & YEAR 6

December 2023	
Friday 1 st December	School Christmas Fayre – 2.00pm
Monday 4 th December	Steven Hawkings Open Morning – 9.00am
Thursday 7 th December	Whole School Christmas Performance – 1.30pm
Tuesday 12 th December	Christmas Pantomime by Purple Dream Productions – Beauty & The Beast
Wednesday 13 th December	Whole School Christmas Lunch and Jumper Day – parents invited, information to follow
Thursday 14 th December	Whole School visit to Hippodrome Circus, Great Yarmouth
Wednesday 20 th December	END OF AUTUMN TERM
Thursday 21 st December 2023 to 3 rd January 2024	CHRISTMAS HOLIDAYS

2023-2024

Please note these dates differ slightly to the holiday dates of some neighbouring schools.

September 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2023						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
M	T	W	T	F	S	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	T	W	T	F	S	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	T	W	T	F	S	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	T	W	T	F	S	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	T	W	T	F	S	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	T	W	T	F	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Key: White date - school open to pupils

Yellow dates - pupil holidays

Blue dates - pupil holidays/staff training days

Red dates - bank holidays

Staff training days are: 4th, 5th & 6th September, 20th October, 3rd January, 27th June and 22nd July devolved as twilights.