

## When should I keep my child off school?

It can be difficult to know whether to send your child to school if they are feeling under the weather. Our quick traffic light guide is designed to help you make that decision. **Green** is bring them in, **yellow** stop and consider, and **red** is stay at home for now please.

Please be assured that we will always call you if your child is not well enough to be at school.

Illness	Advice
<b>Chicken Pox</b>	<b>Back to school 5 days after onset of the rash (when the pox spots scab over)</b>
<b>Common cold</b>	<b>Ensure good hand hygiene</b>
<b>Conjunctivitis</b>	<b>Try not to touch eye to avoid spreading</b>
<b>Flu</b>	<b>Ensure good hand hygiene</b>
<b>German measles</b>	<b>Back to school 6 days from the onset of rash</b>
<b>Glandular Fever</b>	<b>Child needs to be physically able to concentrate</b>
<b>Hand, foot &amp; mouth disease/ slapped cheek</b>	<b>Only needs to stay off if feeling too ill for school (school need to be aware)</b>
<b>Head lice</b>	<b>Must be treated ASAP</b>
<b>Impetigo</b>	<b>Back to school when lesions crust or 48 hours after antibiotics start.</b>
<b>Measles</b>	<b>Back to school 4 days from onset of rash</b>
<b>Ringworm</b>	<b>Treatment from GP</b>
<b>Scabies</b>	<b>Back to school after first treatment</b>
<b>Shingles</b>	<b>Only stay off school if rash is weeping and cannot be covered</b>
<b>Sickness bug/diarrhoea</b>	<b>Stay home for 48 hrs after last episode. See GP if last 48hrs or more.</b>
<b>Temperature</b>	<b>If this can be managed with Calpol then attend school</b>
<b>Threadworms</b>	<b>Ensure good hand hygiene</b>
<b>Tonsillitis</b>	<b>See GP if temperature lasts more than 48 hours or cannot swallow</b>
<b>Whooping Cough</b>	<b>Back to school after 5 days of antibiotics</b>